#### 1. What is Maqui Plus+?

Maqui Plus+ is a concentrate superfruits drink made up of concentrated multi-fruits and berries. It is rich in Anthocyanins and various antioxidants from 12 superfruits. This powerful combination makes Maqui Plus+ an abundant source of Phytonutrients with nutrients that benefit the liver and enhances life.

#### 2. What are phytonutrients and antioxidants?

Phytonutrients or phytochemicals are chemicals with biological activities found in vegetables and fruits. They allow each plant to possess its characteristic colours, odours, or tastes. Most phytonutrients are antioxidants due to their abilities to fight free radicals. Free radicals emerge due to stress, nutrition metabolism in the body, food contamination, drugs, cigarettes, pollutions, etc. They cause oxidation reactions and with them, the molecules in our body such as proteins and lipids in cell membranes and cell components, including DNAs, to change and produce even more free radicals in a manner of chain reaction. These lead to many dangerous diseases of many organs such as liver, heart and blood vessels, nervous and memory system, immune system, and also cancers. Such diseases once developed will also produce more free radicals

In normal stage, our body can create antioxidants from the foods we consume such as SOD (Superoxide dismutase), GSH (Glutathione), and various vitamins. They can attack toxic free radicals and lower their toxicity, hence lowering the risks to develop diseases. However, insufficient nutrition consumption and inappropriate life styles which create excessive free radicals cause "oxidative stress". Oxidative stress is a stress condition in our body due to the level of free radicals being higher than antioxidants. Consumption of vegetables and fruits, in particular berries, rapidly increases the level of antioxidants in our body, which therefore lowers risks of diseases and reduces severity of symptoms caused by toxic free radicals.

#### 3. What are the key benefits of Maqui Plus+?

Maqui Plus+ helps boosts one's health, life, and beauty through a healthy liver.

The perfect combination of natural ingredients provides protection to the liver condition. Maqui Plus+ contains phytonutrients with antioxidant properties that combat free radicals at the cellular level. It reduces toxic free radicals' level in the blood and protects liver damage from free radicals. All these unique benefits promote better overall health.

#### 3.1 Promote Liver Functions

3 ingredients that directly help support and protect liver (Liver & Life Booster): Maqui berry + Artichoke + Goji berry

- Prevent liver damage: With antioxidant properties, it helps fight free radicals in the blood which are delivered to the liver and other organs. The liver is therefore damaged to a lesser degree and can function better.
- Promote liver detoxification: Healthy liver contains good enzymes which enhance detoxification processes.
- Reduce risks of liver diseases: Hepatitis, fatty liver, liver cancer.
- A healthy liver can perform better detoxification and energy production, hence the overall health improvement.

#### 3.2 The beginning of overall health. Improved health due to

- Enhanced energy production and free radicals' elimination
- Prevent and reduce risks of diseases

#### 4. Which are the ingredients in Maqui Plus+ that focus on liver protection? $\checkmark$

Maqui berry, Artichoke, and Goji berry are 3 main ingredients which directly protect liver health. In addition, other berries have also been supported by research to have antioxidant properties, blood cleansing elements and reduction of liver detoxification.

#### 5. What is Maqui berry and how can it be beneficial to the liver?

Maqui berry is a dark purpled fruit from Chile. It has medicinal benefits to strengthen health. It contains Anthocyanins and phytonutrients with high antioxidant capacity. There are many types of Anthocyanins, of which "Delphinidin" has the highest antioxidant volume. It can therefore help reduce toxic free radicals in blood, reducing the workloads of liver's detoxification, and minimizes liver damage.

#### 6. Does Maqui Plus+ contain any added colours, flavours or sweeteners?

There is no addition of any colour, flavour, synthetic chemical or sweetener. Maqui Plus+ is made from natural ingredients that high volume of antioxidants. Its sweet taste is from existing natural sugar and comes as little as 3 grams per 25 millilitres. The taste can vary slightly since there is no additive.

#### 7. Does Maqui Plus+ contain any preservative? Is it safe for us to consume?

"Sodium Benzoate" is the selected preservative for Maqui Plus+. It is commonly used in food and beverages, especially concentrated fruit drinks, to maintain the reliability and quality of the product. The contents of Sodium Benzoate is approved by Malaysia Food regulations, therefore it is safe for everyday consumption.

#### 8. Why is Maqui Plus+ produced into a frosted amber glass bottle?

The glass bottle is designed to prevent over exposure to sunlight that causes degrading of the products contents. Naturally, phytonutrients and antioxidants from plants will be degraded once exposed to light.

#### 9. What is the best practice to keep Maqui Plus+?

Keep away from sunlight and heat. It should not be left uncapped or outdoors for too long. Once opened, keep in the fridge and consumed within 1 month.

#### 10. 10. How can I consume Maqui Plus+ if I do not have any refrigerator?

Once opened, it should be kept in the fridge and has to be consumed within 1 month. Avoid direct contact with the sunlight or areas with high temperature. Without cold storage, Maqui Plus+ lasts for a week only.



# Maqui Plus

## 经常问的问题

#### 1. 什么是 Maqui Plus+?

Maqui Plus+ 是多种水果和浆果的浓缩超级水果饮料. 富含来自12种超级水果的花青素和抗氧化剂。 这个天然的超级组合, 让Maqui Plus+ 成为含有大量植物营养素精华剂, 有益生命及增强肝脏健康。

#### 2. 什么是植物营养素和抗氧化?

植物营养素和植物性化学物质是蔬菜和水果中的生物活性的化学物质。它使每种植物拥有自己的特别颜色,气味或口味。大多数植物营养素是抗氧化剂由于它有能力对抗自由基。

生活压力,体内的营养代谢,食物污染,药物,香烟,污染等等造成自由基出现。自由基导致氧化反应,并改变身体里的分子,如蛋白质,细胞膜脂质和细胞组分,包括DNA,和在连锁反应的方式下产生更多的自由基。

在一般的阶段中,透过食物来源身体能制造抗氧化剂如超氧化物歧化酶(超氧化物歧化酶), GSH(谷胱甘肽),以及各种维生素。它们可以对抗毒性的自由基,降低其毒性,从而减低制定疾病的风险。然而,不足的营养摄取及不适当的生活方式,将引起过多的自由基而导致"氧化应激"。

氧化应激是由于自由基超越抗氧化剂负荷时的人体压力状态。

食用大量的蔬菜和水果,特别是浆果,能帮助迅速增加身体内的抗氧化剂,因此,降低疾病的风险,并降低自由基所引起的严重毒性症状。

#### 2. Maqui Plus+ 的主要好处是什么?

Maqui Plus+帮助促进您的生命力,加强健康与 美容效益,并提升肝脏功能。 天然成分的完美结合提供了保护人类的肝脏病症。Maqui含有植物营养素与在细胞 水平上对抗自由基的抗氧化功能。所有的独特优势有效促进整体健康。

#### 3.1 改善肝脏功能

三种成份直接有效支撑及保护肝脏(有益生命及增强肝脏健康):智利酒果+朝鲜蓟+枸杞

- 防止肝脏损坏: 富含抗氧化剂,帮助抵抗被运输到肝脏及其它器官血液里的自由基。因此,肝脏受损程度减低,并且达到更好的运作
- •强化肝脏排毒:健康的肝脏含有良好的酶,有效增强排毒过程
- •降低肝脏疾病的风险: 肝炎, 脂肪肝, 肝癌
- 一个健康的肝脏能有更好的排毒运作和能量生产,因此整体健康状况达到更好地改善

#### 3.2 整体健康的开始. 改善健康因为:

- 促进能量生产及抵抗自由基
- 预防及减低疾病风险

#### 4. Maqui Plus+ 里的哪一些主要成份有效保护肝脏功能?

智利酒果+朝鲜蓟+枸杞是保护肝脏健康的3种主要成份。此外,其它的浆果也被医学证实具有抗氧化效益,血液净化及强化肝脏排毒功效。

### 5. 什么是智利酒果,它对肝脏有什么益处呢?

智利酒果是智利有机种植的异国深紫色的浆果,对健康大有益处。它含有超强的抗氧化剂花青素(Anthocyanins)及植物营养素。也有其它水果含有很多不同类型的花青素,但智利酒果中的花青素属于翠雀花素 (Delphinidin),也是最强的抗氧化剂。它能抵抗血液里的毒性自由基,减少肝脏排毒的负荷量及减低肝脏损坏。

#### 6. Maqui Plus+ 是否添加任何色素, 香精或增甜剂?

没有添加任何色素,香精,化学合成物或增甜剂。Maqui Plus+是由含有大量抗氧化剂的天然成份所制成的。它的甜味是来自天然水果的糖分,每25毫升只有3克的糖分。因为没有添加剂的原因,每一瓶的味道可稍有差异。

#### 7. Maqui Plus+ 有使用防腐剂吗?这防腐剂对身体有害吗?

苯甲酸钠" "Sodium Benzoate"是Maqui Plus+选定的防腐剂。它常用于在食品和饮料,特别是浓缩的果汁饮料,以保持产品的稳定性和质量。苯甲酸钠的含量是由马来西亚食品法规批准,因此在日常生活中饮用是安全的。

#### 8. 为什么Maqui Plus+使用深色磨砂瓶?

该玻璃瓶是为了防止通过暴露在阳光下导致产品成份降解。一旦暴露在光线下,水果及植物的植物营养素和抗氧化剂将被降解。

#### 9. 什么方法才能保存着最佳的Maqui Plus+?

避免阳光和热量的地方。确保瓶盖紧封及储存于室内。一旦打开,把Maqui Plus+储存于冰箱内并在一个月里把它喝完。

#### 10. 如果没有冰箱,应该如何饮用Maqui Plus+?

一旦打开,把Maqui Plus+储存于冰箱内并在一个月里把它喝完。避免阳光或高温的地方。如果没有冰箱,Maqui Plus+效应只能维持一个星期