

LifeFit Plus

Product Testimonial / 产品见证

LifeFit Plus

Botanical Beverage Mix
Blackcurrant and
Tiger Milk Mushroom

Campuran Minuman Botani
Anggur Hitam dan
Cendawan Susu Harimau

PUREWAY 



wellmune

LifeFit
Plus

Botanical Beverage Mix
Blackcurrant and
Tiger Milk Mushroom
Campuran Minuman Botani
Anggur Hitam dan
Cendawan Susu Harimau

Suitable for:
Sesuai untuk:
VEGETARIAN
素食

Tiger Milk
Mushroom
虎乳芝



PUREWAY 

Vitamin C 维生素C


wellmune

Yeast Beta Glucan 酵母β葡聚糖

Our Consumers' Testimonial

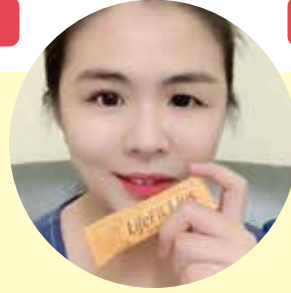
我们的消费者见证



Mr. Lee Hann Lin
Pulau Pinang



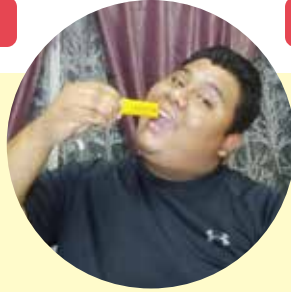
Ms. Alice Tiong
Johor Bahru



Ms. Yvonne Voon
Johor Bahru



Mr. Seng
Kuala Lumpur



Encik Hariz
Masai, Johor



Encik Cindy Bin Gadong
Kota Kinabalu



Emily Leong & Eisa Leong
Ipoh



Madam Tay
Kuching



Mr. Syazwan
Sibu



Ms. Shirley Lam
Kuala Lumpur



Ms. Jane Loh
Tangkak, Johor

HEALTH IS GOOD WITH LIFEFIT PLUS 有益健康

Mr. Lee Hann Lin
Pulau Pinang



Before LifeFit Plus 之前

- ❌ Covid-19 新冠肺炎
- ❌ Asthma 气喘
- ❌ High heartbeat rate 心跳频率高
- ❌ Low Oxygen level 低氧水平



After LifeFit Plus 之后

- ✅ Covid-19 Quick recovery 新冠肺炎快速恢复
- ✅ Lessened Asthma 减轻哮喘
- ✅ Lowered heartbeat rate 降低心跳率
- ✅ Higher Oxygen level 更高的氧气水平

Four of my family members and I were diagnosed with Covid-19 and spent 10 days in home quarantine. As I have asthma, I eat **Life Fit Plus** twice a day and the rest of family members eat once a day. During these 10 days, we had no serious symptoms and recovered well. Thanks to **LifeFit Plus**, my 76-year-old mother who had a hospital stay, also recovered fast from Covid-19. My daughters age 29, 26 & 22 and I take Oximeter test 2 times per day, and we all have above 96 reading. My high heartbeat rate of 90-100 has lowered to 80 plus.

我和我的四个家庭成员被诊断出患有新冠肺炎，并在家隔离了 10 天。因为我有哮喘，我每天吃两次 **Life Fit plus**，其他家人每天吃一次。在这 10 天里，我们没有出现严重的症状，恢复得很好。多亏了 **LifeFit Plus**，我 76 岁的母亲住院了，也很快从新冠病毒中康复。我的女儿 29、26 和 22 岁，和我每天进行 2 次血氧仪测试，我们的读数都在 96 以上。我 90-100 的高心跳率已经降低到 80+。

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Ms. Alice Tiong
Johor Bahru



Before LifeFit Plus 之前

- ❌ Breathing difficulty 呼吸困难
- ❌ Sleepless at nights 晚上失眠
- ❌ No energy 能量不足



After LifeFit Plus 之后

- ✅ Smooth breathing 呼吸平稳
- ✅ Deep sleep 沉睡
- ✅ Energized 充满活力

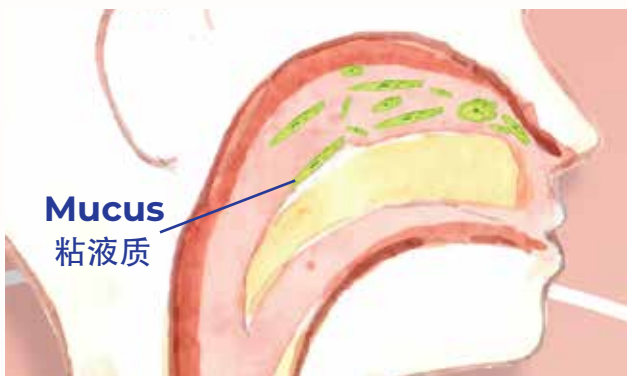
Sometimes every two weeks there will be one or two days where I have breathing difficulties and sleeplessness at nights. After eating **LifeFit Plus**, I do not have this problem. Also, after I consumed it, I sleep well at night, my breathing is also very smooth, and I am more energetic on the next day. Every morning I'll consume one sachet, it's very delicious, I like it so much. I have been eating for a week.

有时两个星期会有一到两天呼吸不好，半夜会起来，吃了**LifeFit Plus**过后，就没有这种问题了。我吃了晚上好睡觉，呼吸也非常顺，第二天更有活力。我每天早上吃一包，真的非常好吃，我非常喜欢。我已经吃了有一个星期。

HEALTH IS GOOD WITH LIFEFIT PLUS 有益健康

Ms. Yvonne Voon

Johor Bahru



Before LifeFit Plus 之前

- ❌ Post-nasal drip 鼻水倒流
- ❌ A lot of Phlegm 多痰
- ❌ Nasal Congestion 鼻塞



After LifeFit Plus 之后

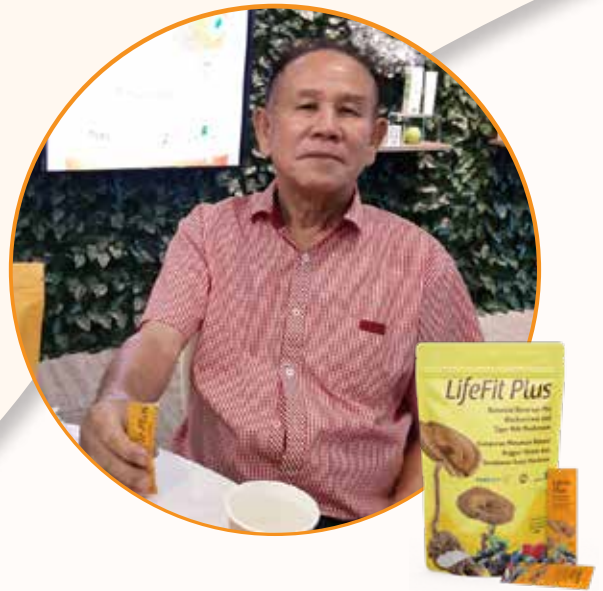
- ✅ Post-nasal drip improved 改善鼻水倒流
- ✅ Less phlegm 少痰
- ✅ Nasal congestion reduced 鼻塞减少

I am Yvonne and I am 33 years old. I've always had a problem, which is post-nasal drip or mucus back flow. This results in a lot of phlegm every morning. I have taken **LifeFit Plus** for about three weeks. I found that this problem has improved a lot. Also, I do not easily get a blocked nose. I eat one sachet a day by pouring it directly into my mouth in three times. After that I drink some water.

我是 Yvonne，今年33岁。我一直都有出现鼻水倒流的问题。每天早上会有痰。自从我吃 **LifeFit Plus** 大约三个星期左右，我发现这个问题改善了许多，也不容易鼻塞。我一天吃一包，分三次倒入嘴里，然后再饮用水。

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Mr. Seng
Kuala Lumpur



Before LifeFit Plus 之前

- ❌ Cramps 抽筋
- ❌ Spasms 痉挛
- ❌ Aches 疼痛



After LifeFit Plus 之后

- ✅ Reduced Cramps 减轻抽筋
- ✅ Reduced Spasms 减轻痉挛
- ✅ Reduced Aches 减轻疼痛

At my age, having cramps, spasms and aches in my back seemed common and has been a long time. My friend invited me to try out a new product for health called **LifeFit Plus** in a Petaling Jaya office. I tried only one sachet and by that evening, I realized that I have less cramps or spasms. This is truly relieving to feel free from pain. It's a good product.

在我这个年纪，背部抽筋、痉挛和疼痛似乎很常见，而且已经持续了很长时间。我的朋友请我在八打灵再也办公室试用一种名为 **LifeFit Plus** 的健康新产品。我只试了一小袋，到那天晚上，我意识到我的抽筋或痉挛减少了。这是真正的缓解疼痛的感觉。它是一个很好的产品。

HEALTH IS GOOD WITH LIFEFIT PLUS 有益健康

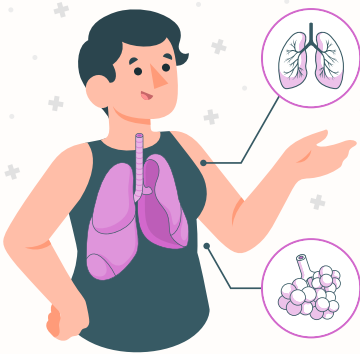
Encik Hariz

Masai, Johor



Before LifeFit Plus 之前

- ❌ Short Breath 呼吸短促
- ❌ Low Oxygen Level 低氧水平
- ❌ Difficulty Breathing 呼吸困难



After LifeFit Plus 之后

- ✅ Eased Breaths 轻松呼吸
- ✅ Increased Oxygen Levels 氧气含量增加
- ✅ Comfortable Breathing 舒适的呼吸

I have been feeling unwell from Covid-19 and with short-breaths. On my 9th day of COVID quarantine at home, I received **LifeFit Plus**. I eat one sachet that day and also another one sachet on the 10th day. On the 11th day, I noticed my breathing has improvement, less short breaths, after I check with oximeter, my oxygen levels increased from 97 to 99. I feel more comfortable in breathing after taken **LifeFit Plus**.

我因Covid-19感到不适和呼吸短促。我在家进行COVID隔离的第9天，我收到了**LifeFit Plus**。我那天吃一包，第10天再吃一包。第11天，我发现我的呼吸有改善，呼吸短促减少，我用血氧计检查后，我的氧气水平从97增加到99。服用**LifeFit Plus**后我感觉呼吸更舒服。

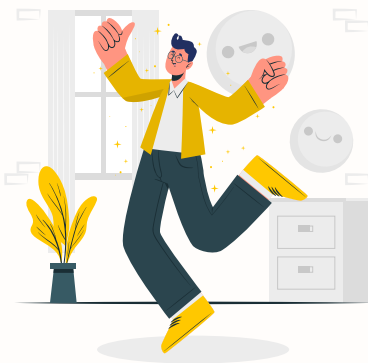
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Encik Cindy Bin Gadong
Kota Kinabalu



Before LifeFit Plus 之前

- ❌ Smoker 吸烟者
- ❌ Chest Pains 胸部疼痛
- ❌ Always Tired 一直感觉疲劳



After LifeFit Plus 之后

- ✅ Smoker 吸烟者
- ✅ Reduced Chest Pains 减轻胸部疼痛
- ✅ More Energetic 更有活力

I am 40 years old and smoking since I was a teenager. Due to my smoking, I have pain inside my chest daily. My wife let me try **LifeFit Plus**. On the first day (7 Dec) I eat 1 sachet. Then I eat 2 sachets daily for 2 days(8 - 9 Dec). On the 4th day, I feel like I have not much chest pains as before. Now in my normal routine, I feel I am not as tired as I used to be.

我今年40岁，从十几岁起就抽烟。由于抽烟，我每天胸口都会疼痛。我的妻子让我尝试 **LifeFit Plus**。第一天（12月7日）我吃了1包。持续2天（12月8日至9日）我吃2包。第4天，我觉得我没有像以前那样胸痛了。现在在我正常的日常生活中，我觉得我没有以前那么累了。

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Emily Leong & Eisa Leong
Ipoh



Before LifeFit Plus 之前

- ❌ Low Appetite 食欲不振
- ❌ Nose Allergy 鼻子过敏
- ❌ Nose Bleeding 流鼻血



After LifeFit Plus 之后

- ✅ Appetite increased 食欲增加
- ✅ Allergy reduced 减少过敏
- ✅ Nose bleed reduced 减少流鼻血

Emily and her younger sister, Eisa, eat very little. Thanks to **LifeFit Plus**, they have a better appetite. Additionally, Eisa's nose allergy and nose bleed have improved. They both love the delicious taste of **LifeFit Plus** too. This is good news for Leong family.

Emily 和她的妹妹 Eisa 吃得很少。多亏了 **LifeFit Plus**，他们的胃口更好。此外，Eisa 的鼻子过敏和流鼻血也有所改善。他们都喜欢 **LifeFit Plus** 的美味。这对梁家来说是个好消息。

HEALTH IS GOOD WITH LIFEFIT PLUS 有益健康

Madam Tay, 82 years old
Kuching



Before LifeFit Plus 之前

- ❌ Chronic Cough 长期咳嗽
- ❌ Asthma 气喘
- ❌ Tiredness 疲倦
- ❌ Irritable 暴躁



After LifeFit Plus 之后

- ✅ Reduced Coughing 减少咳嗽
- ✅ Lessened Asthma 减轻哮喘
- ✅ More Energetic 更有活力
- ✅ Less Irritable 不那么暴躁

After taking my first sachet of **LifeFit Plus**, I felt less tired and my coughing has lessened. As I am alone at home every time, I have the irritability of elderly folks. But after drinking **LifeFit Plus**, I do not easily lose my temper or get irritated. I also have a chronic cough and asthma, but these problems have reduced. I think **LifeFit Plus** is good for me and it tastes good too.

我喝了第一包 **LifeFit Plus** 后，就感觉到自己没有那么累，咳嗽也减少了。因为我每次自己一个人在家，所以会有老人家的暴躁，但是喝了 **LifeFit Plus** 后没有那么容易发脾气或暴躁了。我本身有长期的稍微咳嗽和气喘，但是现在这些问题已经减轻了。我觉得 **LifeFit Plus** 对我很好而且也很好喝。

HEALTH IS GOOD WITH LIFEFIT PLUS 有益健康

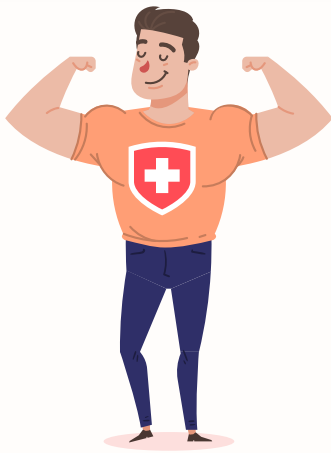
Mr. Syazwan

Sibu



Before LifeFit Plus 之前

- ❌ Sinus 鼻竇
- ❌ Runny Nose 流鼻涕
- ❌ Blocked nose 鼻塞
- ❌ Difficulty breathing 呼吸困难
- ❌ Slow recovery 恢复缓慢



After LifeFit Plus 之后

- ✅ Sinus reduced 鼻窦缩小
- ✅ Runny nose reduced 流鼻涕减少
- ✅ Blocked nose cleared 清除鼻塞
- ✅ Eased breathing 呼吸顺畅
- ✅ Fast recovery 快速恢复

I have sinus and runny nose. I also have difficulty breathing as both nostrils are blocked by mucous. It will take me 10-14 days to fully recover and breath well again. Recently when I had the flu, I tried **LifeFit Plus** on the first day. The effect was shockingly fast compared to the medicine that I usually take. By the second day, my nose less runny and both nostrils were not blocked. Also, it took me just 5-7 days to fully recover. **LifeFit Plus** really helps in my breathing. My sinus problem also occurs less in the mornings and when I clean my room. People with sinus are allergic to dust but currently my sneezing is much less. I am shocked and totally blown away by the good results of this product. **LifeFit Plus** is really good for people with sinus, breathing issues and runny nose problems.

我有鼻窦和流鼻涕。我也呼吸困难，因为两个鼻孔都被粘液堵住了。我需要 10-14 天才能完全恢复并再次有良好呼吸。最近我感冒了，第一天就吃了**LifeFit Plus**。与我通常服用的药物相比，效果快得惊人。到了第二天，我的鼻子不怎么流鼻涕了，两个鼻孔也没有被堵住。此外，我只用了5-7天就完全康复了。**LifeFit Plus**确实有助于我的呼吸。我的鼻窦问题在早上和打扫房间时也较少发生。有鼻窦的人对灰尘过敏，但目前我打喷嚏的次数要少得多。我对这款产品的良好效果感到非常震惊。**LifeFit Plus** 非常适合有鼻窦、呼吸问题和流鼻涕的人。

HEALTH IS GOOD WITH LIFEFIT PLUS 有益健康

Ms. Shirley Lam
Kuala Lumpur



Before LifeFit Plus 之前

- ❌ **Unstable oximeter results**
不稳定的血氧仪结果
- ❌ **Tiredness 疲倦**



After LifeFit Plus 之后

- ✅ **Higher & stable oximeter results**
更高更稳定的血氧仪结果
- ✅ **More Energetic 更有活力**

I measure my oxygen level frequently due to this pandemic as part of my health routine. Normally, my oximeter results fluctuate and go up and down during the reading time. I have consumed **LifeFit Plus** for a few days- one sachet daily. At the times when I measure my oxygen levels, I noticed the oximeter reading is higher, consistent and stable for a longer time. I am glad to find out that **LifeFit Plus** has increased my blood oxygen levels and I am not feeling tired throughout the day. Thank you **LifeFit Plus**.

由于这个疫情期间，我经常测量我的氧气水平，这是我健康常规的一部分。通常，我的血氧计结果在读数期间会上下波动。我已经服用LifeFit Plus几天了-每天一包。在我测量氧气水平时，我注意到血氧计读数更高、更稳定且更长时间。我很高兴地发现LifeFit Plus提高了我的血氧水平，而且我一整天都没有感到疲倦。感谢LifeFit Plus。

HEALTH IS GOOD WITH LIFEFIT PLUS 有益健康

Ms. Jane Loh

Tangkak, Johor



Before LifeFit Plus 之前

- ❌ Stressful 压力大
- ❌ Tiredness 疲倦
- ❌ Easily get cold 容易感冒



After LifeFit Plus 之后

- ✅ Stress reduced 减少压力
- ✅ More Energetic 更有活力
- ✅ Stronger immune system 更强的免疫系统

Since I began eating **LifeFit Plus** in early December, one sachet in the morning and another sachet in the evening, I feel I am more energetic. Why? Because these few days I am busy and work has become more stressful. And even though I only sleep 4-5 hours I did not feel as tired as before. I also drove for 4 hours and did not feel too tired. In the past, whenever I get caught in the rain, I usually have a cold on the following day. However, I didn't catch a cold when I was caught in the rain few days ago.

自从我12月初的时候开始吃**LifeFit Plus**，早晚一包。最近我感觉我比较精神了。为什么？因为这几天我比较忙碌，工作压力比较大，所以我睡4-5个小时都不会感觉累。然后我驾车也有超过4个小时都没有感觉到累。我通常淋到雨都会感冒，可是3天前我有淋雨，不过我并没有感冒的现象。